
LOUD & PROUD

A Weekly Look Into Our Band



The Importance of Making Time

To say that there is a lot going on right now would be an understatement. As adults and parents, you deal with your job, your house, your kids, and everything else that comes with adulthood. And while you may have routines and systems to help you manage your time, kids have not had that training yet. They may hear it in passing from their teachers; the importance of filling out a planner, thinking ahead, taking time to practice.

We know how important managing our time is, especially now. Here a few tips to share with your kids (and we will too in class) about how to use their time effectively.

1. **Have a Plan:** mapping out your schedule and how you will use your time is essential. It is the foundation of all other time management strategies. A good plan will include your long term goals, specific times and dates, and a list of tasks you need to complete daily, weekly, and monthly.

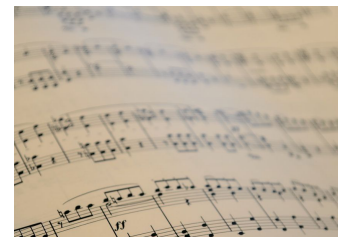
2. **Priorities:** by understanding that some tasks are more important, it allows you to relieve some of the stress in your day. Once those top priorities are accomplished, you can move on to other things without the reminder that there is something else you have to do. Choose the tasks that most align with your goals and make sure they get done!
3. **Asking for Help:** You don't have to do all of this alone. We are constantly telling our students to ask for help because they want to do it alone. There are tasks that are difficult and require a helping hand or clarification. There is nothing wrong with asking for someone to lend a hand.

While these are just a few things to keep in mind, sharing and showing these to your students can make a world of difference. As musicians, it's important to set time aside everyday to practice. College level musicians are expected to practice 4-5 hours per day. Without proper planning, setting priorities, and seeking out help, the chances of growing and performing at a high level are extremely low. So please, help your students manage their time and find a place to work on their instrument. You will be impressed with their growth, both musically and academically.

Notes From the Week:

Supply Handout - DATE CHANGE!! (7th & 8th Grade Only)

This year we are moving towards using a different "book" during band class. 7th and 8th grade students will not need to purchase a book for band class, but will instead get a packet that I put together this summer. There will be a materials handout time next week on Wednesday (9/23) and Thursday (9/24) from 10am - 6pm. Printed copies will be available at that time and then in the main office from then on. I will also post electronic copies in our classroom, but it will be much easier for students to read the printed version of the book.



Band Schedules Changes



Please be aware that our RTI schedule will be changing for this semester. I will post updated times for RTI band students, but it will be different from our previous class times. For now, 6th Grade Band Students will meet during RTI on Monday/Wednesday and 7th/8th Grade Band students will meet during RTI on Tuesday/Thursday.

Coming Soon:

As we get into the routine of our school year, here's what we're looking forward to:

6th Grade Beginning Band (RTI)

- Monday: Note Names/Parts of the Staff review
- Wednesday: Note Names/Parts of the Staff Test

7th Grade Band (RTI)

- Tuesday: Bb scale review, Sight-Reading STARS
- Thursday: Practice Techniques & Time Management

8th Grade Band (RTI)

- Tuesday: Bb scale review, Sight-Reading STARS
- Thursday: Practice Techniques & Time Management

Thank You!

I appreciate you taking the time to be informed about what your child is doing and accomplishing as a member of the Wildcat Band. If I can ever help or clarify anything for you, please don't hesitate to email me at jyohe@toppenish.wednet.edu or send a text message through Remind. Go Wildcats!

